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## Testimonial CIT Class Winter/Spring 2021

By Lidia Ramirez

*"Tuesday afternoons were my favorite part of the week as I prepare myself a fresh coffee, a couple of cookies and make myself comfortable in front of my laptop to learn from the wisdom and kindness of Pam Lewis in the CIT..."*

*The class was very enriching but above all very enjoyable and nourishing; every day we started with a quick review and checkup, we had very interesting conversations in all classes that touched everyone's heart and made all of us better persons without even noticing, it may sound a cliché but if this world had more compassionate people in it, would be a much better place to live, hope millions of people can take the training!"*

March 2021